# ST. GEORGE RECREATION CENTER



\$2.00

\$50.00

285 South 400 East, St. George, Utah (435)627-4560

We're the "Best Show in Town!" The Recreation Center is for you and your family. We have 4 Racquetball Courts, a Fitness Center, Multi-Purpose Gymnasium, plus our main Gym and Hobby and Craft Center, and 2 Game Rooms including Air Hockey, Ping Pong, Skeeball, Foosball, Shuffleboard, Pool, Bumper Pool, Wallyball, Racquetball, Volleyball, Basketball, WII, Arts & Crafts, Board Games and more.

Rec	reation	Center	Hours

Monday-Friday 6:00 a.m. - 10:00 p.m. Saturday 7:00 a.m. - 6:00 p.m.

Sunday Closed

# **Registration Hours**

Monday-Friday 8:00 a.m. - 6:00 p.m. Saturday 9:00 a.m. - 1:00 p.m. **Online at www.activityreg.com** 

Children under 8 must be accompanied by a responsible Adult!

#### **EQUIPMENT RENTAL**

We have equipment available to rent. We rent for parties, reunions, and other group activities. Equipment includes: balls, frisbees, bats, volleyballs, net and standards. To rent, call 627-4560.

A REMINDER - Drop-in Basketball nights are Mon., Wed., Fri. from 6:30 to 10:00 p.m. & Drop-in Volleyball nights are Tues. & Thurs. from 7:00 - 10:00 p.m.

Note: The first time you come to the Fitness Center one of our staff will give you a personal orientation that will explain how to use each of the machines.

#### **Recreation Center Fees & Passes**

Senior Discount is 10% off passes

Drop-In General Admission

\*\*Premium includes Wt. Rm. & Racquetball\*\*

Drop-In Premium Admission \$3.50
Aerobics \$2.00

Cycling \$3.00

City Cache Card - Minimum (City Card can be used at all City Buildings i.e. SHAC, etc.)

Three (3) month pass:

Single Premium \$65.00 Family Premium \$145.00

Six (6) month pass:

Single Premium \$110.00

Twelve (12) month pass:

Single Premium \$195.00 Family Premium \$350.00

## RECREATION CENTER AEROBICS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday		
6:00 AM	Cycling 101		Cycling 101		Cycling 101		
9:15 AM	Cycle Power	Zumba	Strength & Lengthen	Cycling 101	Kick Box Circuit		
10:30 AM		Forever Fit- Aerobic Rm		Forever Fit- Aerobic Room	Zumba		
5:30 PM	Pilates	Step & Flex	Pilates	Zumba			
6:30 PM	Cycle Power	Yoga	Cycling 101	Yoga			

Babysitting Mon., Tues., Wed., & Thurs. 8:30 - 10:30 am/Fridays 8:30 - 11:15 am

## WE HAVE 4 OF THE BEST RACQUETBALL COURTS IN THE STATE OF UTAH!

Washington County Employee's Get 10% off the purchases of Passes!